

Hair Butterflies

What to Do After Your Treatment

Wash our product out of the hair soon as you go home, prior to going to bed. Keep your head back when rinsing product out of the hair. While a product may be safe and non-toxic, it is still not intended to have contact with the eyes.

Get in a good habit of combing. "A comb a day keeps the lice away!" It's a great idea to comb through the hair for about 15 minutes a day for the first week. Beyond that, you may comb every two to three days for the next three weeks. Combing during that time will allow you to remove any evidence that may have been missed before it causes a new infestation. Beyond that, keep combing two to five minutes once or twice a week FOREVER! That way if your child is ever exposed again, you can identify it early and prevent it from escalating or spreading to others.

For your following appointment please bring any evidence found during combing at home. Communicate with family and friends. Remember it's not just about where you got head lice but also who you gave it to. One of the many reasons people experience recurrent infestations is because they fail to alert those around them. Since you more than likely received lice in your circle of friends, you most likely shared and are more likely to get it again. As we like to say, "Head lice is the gift of giving, so help stop the spread by encouraging your friends to get checked, too!"

Following Up with At Home Cleaning

Cleaning the house properly is a very big part of getting rid of the lice. We recommend home cleaning procedure after head lice treatment has been achieved,
Vacuuming-

Car: Vacuum all the car seats, head rests, as well as the floor, even if there are seats not being used.

Floors: If there is carpeting in your house it is highly recommended to vacuum as much as possible, especially throughout the treatment process.

Sofas: It's always a good idea to vacuum any place your child rests their heads.

Beds: Vacuum the bare mattress. This helps to ensure there will be a lice free place for your child to sleep.

Bedding and clothing-

Be sure to place all bedding (blankets, pillowcases etc.) in the dryer, high heat 30min max, wash only if needed. Same applies to clothing, place into dryer unless it needs to be washed.

Stuffed animals and toys: Store all your child's stuffed animals and toys in an airtight plastic bag for 72 hours. If there was any exposure to the lice this ensures it will suffocate and your child will be safe from reinfestation.

Hair accessories, brushes, and combs. Be sure to clean and disinfect all accessories, brushes, and combs. Place water to a boil, turn off and place brushes/combs into boiled water for 5min. Any ties/brushes that are unable to be boiled may be placed into a zip bag and placed into freezer.

Note: any item that is oversized or unable to be placed in dryer may be placed in garbage bags and put aside (in garage, porch, basement, attic) for at least 2 weeks.

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